

SMALL BUSINESS

PERMISSION SLIP

TIME OFF FROM THE BUSINESS

Dear Business Owner,

This slip entitles you, the business owner, to time off from your business. The time is to be spent on yourself for your personal benefit and in the pursuit of what brings you joy.

Feel free to fill in the details below. If you can't and need to leave it blank, then consider that you might need more time than you are comfortable in asking. Start small.

Sincerely,

Kara Lambert

B.A. (Psychology), Grad. Dip. Management (Human Resources)

Who: The Business Owner

When:

Length of Time Off: